

WORKING WITH LATINO FAMILIES: IN-HOME TRAUMA INTERVENTIONS FOR YOUNG CHILDREN

- **Cultural Values**
 - Latinos have a sense of pride of who they are, their family, culture, where they come from and their community.
 - Family and respect are two important cultural values that many Latino families hold as high expectations for their children.
- **Barriers Specific to Latino Families**
 - Cultural differences can impact how treatment is approached with Latino families. These differences can include strict gender norms and machismo.
 - First and second generation families who have migrated to the United States have additional barriers such as language, social exclusion, and limited access to resources.
 - There is high stigma related to mental health services because families do not want to be seen as "crazy" or different. Those that are willing to seek out services will wait until has reached a high level and seek out their primary doctor.
 - Families may be victims of traumatic stress through migration to the USA, living in impoverished locations, or being discriminated against.
- **Culturally Adapting Treatment**
 - It is the job of the clinician to be aware of the families' individual culture and how it relates to services that are provided.
 - Family is important! Speak to all family members directly and don't be afraid of taking time to know the family.
 - All families view their trauma differently even between parent/caregiver and the child.
 - Be prepared to provide extra assistance to families with resources of services, specifically those agencies and clinics that speak Spanish.
 - Remember that as a mental health clinician, you will need to explain your role and how it will benefit the family and individual.
 - Don't assume anything! Always ask the family for clarification.
 - Be aware of the use of corporal punishment in the homes.
 - Remember ignoring may be viewed as "doing nothing"

- **Behavior Clinic—Penfield Children's Center (Milwaukee, WI)**
 - Provide clinical services for families with very young children who demonstrate significant mental health concerns in an in-home setting
 - Early Pathways Provides 8-12 sessions (or more if needed) of education for parents on managing challenging behaviors and fostering pro-social behavior for children under the age of 5.
 - Primarily works with the parent or caregiver (90%) to change the home environment to help improve their child's challenging behaviors.
 - Developed a focus on distinguishing between challenging behavior and trauma-related behavior and how to appropriately develop treatment to meet the needs of families who have experienced trauma.
 - Program is tailored to work with parents and families of all cultural backgrounds with a special emphasis on families in poverty.
- **Behavior Clinic Referral Process**
 - Referrals come from physicians, parents, caseworkers, other professionals
 - Main number: 414-344-7676
 - Children must be under the age of 5 at the time of the referral
 - Behavior Clinic does NOT provide
 - Medication management
 - Services for clients diagnosed with Autism
 - Crisis services
 - Current waitlist 3-4 weeks English-speaking; 6-8 weeks Spanish-speaking
- **Formal Early Pathways Training**
 - 2-hour trainings available
 - "Challenging Behaviors in Young Children"
 - "Trauma and Stress in Young Children"
 - Contact Courtney Clark, LPC-IT
 - 414-345-6386, courtneynst@penfieldchildren.org
 - 1 Day training available
 - In-depth psychoeducation on behaviors and trauma in young children
 - 2 Day training available
 - Builds on 1-day training by adding practical skills, EP treatment and assessment protocols
 - Contact information for 1 and 2 day trainings
 - Dr. Robert Fox/Tom Fox
 - 414-522-9677, tfox@www.earlypathways.com