

Penfield Children's Center-Behavior Clinic

The Behavior Clinic is an outpatient mental health clinic that provides services to children under the age of 5 and their caregiver to address behavioral and emotional concerns.

- ◆ Temper tantrums
- ◆ Aggression
- ◆ Self-injury
- ◆ Noncompliance
- ◆ Sleep problems
- ◆ Trouble with separation
- ◆ Difficulties with relationships
- ◆ Hyperactivity
- ◆ Destructive behaviors

The Behavior Clinic program provides short-term, in-home therapy services to children and their caregivers who live in Milwaukee County.

For professionals to make a referral:

- Submit a completed referral form by fax or mail
- Contact the Behavior Clinic at 414-345-6351 with any questions

For a family to self-refer:

- Provide the family with the telephone number for Penfield Children's Center: 414-344-7676 to begin referral process

Please inform the family when making a referral so they know we will be contacting them.

*The Behavior Clinic program is offered weekdays between the hours of 7:30AM-4:00PM.

The Behavior Clinic also provides therapy and support to young children who have experienced a traumatic event.

- ◆ Physical, emotional, or sexual abuse
- ◆ Witnessing violence in the home or neighborhood
- ◆ Child neglect
- ◆ Severe illness or injury
- ◆ Significant life transitions (divorce, frequent moving, homelessness)

The Behavior Clinic works with both the child and the caregiver to promote safety, development of coping skills, and promote healing after a traumatic event has occurred. Children who have experienced trauma may express symptoms including:

- ◆ Sleep disturbance or nightmares
- ◆ Avoiding reminders of the event
- ◆ Disturbing memories of the event
- ◆ Separation anxiety or clinging behaviors
- ◆ Difficulty regulating emotions
- ◆ Increase in challenging behaviors
- ◆ Sexualized behaviors

Contact the Behavior Clinic

Address:

Penfield Children's Center
833 N 26th Street
Milwaukee, WI 53233

Phone:

414-345-6351

Fax:

414-344-7739

www.penfieldchildren.org