



**Child Debrief Interview**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. Describe in your own words, what happened?

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2. Setting event: What happened before to this event that may have contributed to it?

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3. Has anything like this ever happened before? If so, when do things like this tend to happen? And how often?

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4. Are there times when things like this do not occur? (i.e. An adult speaks loudly to me, but I don't get upset. Or, I feel angry, but I can manage my emotions)

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5. How do others respond?

Helpful responses (help me to feel better):

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Unhelpful responses (make it worse for me):

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6. What I think would help:

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List any tools completed:

My Emotional Regulation Plan

Sensory Checklist

Other Tools/ Resources: \_\_\_\_\_

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7. Additional Information

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**Parent Debrief Interview**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

8. Describe in your own words, what happened?

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9. Setting event: What happened before to this event that may have contributed to it?

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10. Has anything like this ever happened before? If so, when do things like this tend to happen? And how often?

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11. Are there times when things like this do not occur? (i.e. My child feel angry or afraid, but is am able to manage emotions successfully)

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12. How do others respond?

Helpful responses (help my child to feel better):

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Unhelpful responses (make it worse for my child):

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13. What I think would help:

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List any tools completed:

My Emotional Regulation Plan

Sensory Checklist

Other Tools/ Resources: \_\_\_\_\_

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14. Additional Information

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**Family Planning Document**

Action Steps:

Repair: What can the team do to repair any damage (to property, relationships, etc.) that has occurred as a result of this event?

| What will happen? | Who will do it? | What support is needed? | By when? |
|-------------------|-----------------|-------------------------|----------|
|                   |                 |                         |          |

Prevention: What actions can we take to prevent or reduce intensity of events like this in the future?

| What will happen? | Who will do it? | What support is needed? | By when? |
|-------------------|-----------------|-------------------------|----------|
|                   |                 |                         |          |