

Self Reflection:			Manifestations	Cultural Dimension	Interactions	Donination/Subordination	Vantage Points
	DOMINANT	SUBORDINATE	<i>Associated values, actions, or messages</i>	<i>Cultural conflicts</i>	<i>How does the effect of this dimension interact with any other dimension?</i>	<i>What have you been denied or what have you received because of this dimension and how have you responded?</i>	<i>How do you experience this aspect of yourself? How do you think others see you?</i>
Age	Adults age 18-64 years	Children, Adolescents and people over 65					
Class	Owning and Middle Class (access to higher education)	Poor and Working Class (limited access to higher education)					
Ethnicity	White Euro-American	People of Color					
Gender	Biologically Male	Female, Transgender or Intersexed					
Health	Healthy	Experiencing a health problem					
Indigenous Heritage	Non-Native	Native					
Language	English as a first language	English as a second language					
National Origin	U.S. Born	Immigrants and Refugees					
Physical or Mental Ability	Able Persons	Persons with Disabilities					
Religion	Cultural Christians, Agnostics and Atheists	Jews, Muslims and other non-Christian religions					
Sexual Orientation	Heterosexual	Lesbian, Gay, Bisexual or Questioning					

Nieto, L. et al. Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone

Hyde, C.A. (2012). Challenging ourselves: Critical self-reflection on power and privilege. Community organizing and community building for health and welfare (3rd ed.). New Brunswick, N.J.: Rutgers University Press